

## Wound Care Instructions

### **Post Biopsy**

- Keep biopsy site dry for the first 24 hours
- After 24 hours, remove band-aid and wash the area with soap and water
- Apply vaseline to the site and then a new band-aid
- Repeat daily for the next week or until the area has completely healed

Normal healing may take a few days to several weeks depending on the size and location of the biopsy

Please keep the biopsy site clean, moist, and covered as it heals. To minimize the resultant scar, protect the area from sunlight with a bandage.

As a wound heals, a small amount of redness along the borders of the wound is normal. Oozing may occasionally occur from the treated site, especially during the first 24-48 hours. If any bleeding occurs, hold firm pressure over the biopsy site for 10 minutes.

### **Post Liquid Nitrogen Treatment**

Following freezing, the area will become puffy and a blister, crust, or scab may develop. Do not unroof the blister.

Healing time varies by size, site, and other factors. Use the following as a guideline for healing:

Face: 1-2 weeks  
Body and arms: 2-3 weeks  
Legs and feet: 3-4 weeks

Cleanse the treated area gently with soap and water. No bandage or ointment is generally needed. If the affected area is particularly raw or crusted, then a small amount of Vaseline can be applied daily until healed.

A small amount of redness during healing is normal.

Discoloration may result after healing but usually improves slowly with time. Protecting the area from sunlight will help to minimize scarring.